



THIS IS THE ELEMENTARY "BREAKFAST IN THE CLASS ROOM" MENU & HIGHSCHOOL OPTIONS MAY VARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Cinnamon Bun Raisins & Juice Milk	Waffles Peaches & Juice Milk	French Toast Pineapple & Juice Milk	Pancakes Raisins & Juice Milk	Apple Frutel Banana & Juice Milk
MENU OPTIONS ARE SUBJECT TO CHANGE WITHOUT NOTICE				
4	5 Deli Wrap Lettuce/tomato/ cheese/mayo Vegetarian beans Chilled or fresh fruit	6 Beef Taco w/cheese Soft wheat pretzel Salad w/Italian dressing Chilled or fresh fruit	7 Turkey & Gravy Mashed potatoes Corn Wheat Roll Chilled or fresh fruit	8 Chicken Nuggets w/ketchup Brown Rice Carrots Chilled or fresh fruit
11 Chicken Wrap w/ Brown Rice Refried Beans Chilled or fresh fruit	12 WG Pasta W/ Meat sauce Steamed Green peas Chilled or fresh fruit	13 Crispy Fish Patty on a Wheat Bun Coleslaw Chilled or fresh fruit	14 Deli Wrap Lettuce/tomato/ cheese/mayo Diced carrots Chilled or fresh fruit	15 Ham & Cheese on Wheat Bagel Potato w/ ketchup Chilled or fresh fruit
118 Ham Slices garlic potatoes carrot coins wheat roll Chilled or fresh fruit	19 Taco w/ taco sauce in wheat wrap Cheese/lettuce/tomato Vegetarian beans Chilled or fresh fruit	20 Cheesy Chicken Brown Rice Steamed Broccoli Chilled or fresh fruit	21 Grilled Cheese Sandwich on wheat bread Green beans Chilled or fresh fruit	22 Chicken Patty Mashed Potatoes Corn Chilled or fresh fruit
25 Ham Slices w/ mac & cheese Steamed Peas Chilled or fresh fruit	26 Chicken Parmesan on Wheat bun With Brown Rice Steamed spinach Chilled or fresh fruit	27 Beef & Gravy Mashed Potatoes Garlic Roasted Gr. Beans Wheat Roll Chilled or fresh fruit	28 Cheeseburger w/ ketchup on wheat Bun Veg/Black Beans Chilled or fresh fruit	29 Variety pizza on wheat crust Sweet potato fries w / ketchup Chilled or fresh fruit
DAILY ALTERNATE ENTREE				
Hamburger	Meatball Sub	Chicken patty	Pizza	Fish w/ cheese
DELI BAR TO GO Freshly prepared sandwiches prepared daily on whole wheat Bread				

SORRY NO CHARGING

Breakfast price: Paid \$1.75 Reduced \$.25

Lunch Price Paid: Elementary \$3.10 High School \$2.50 Reduced \$.25

At both Breakfast and lunch you MUST take at least 3 of the items to make it a complete meal 1 MUST be a fruit or vegetable or you will be charged Ala Carte Price.

All meals served with choice of milk (1%, skim, & FF Chocolate)

Extra Milk \$.60

Extra fruit or Veggie &.70

Ice Cream \$.65-.90