



THIS IS THE ELEMENTARY "BREAKFAST IN THE CLASS ROOM" MENU & HIGHSCHOOL OPTIONS MAY VARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Cinnamon Bun Fruit & Juice Milk UPK- Cereal	Waffels Fruit & Juice Milk	WG French Toast Fruit & Juice Milk UPK-Cereal	Pancakes Fruit & Juice Milk	Apple Frudel Fruit & Juice Milk UPK-Cereal

MENU OPTIONS ARE SUBJECT TO CHANGE WITHOUT NOTICE

1 No School	2 WG Pasta W/ Meat sauce Steamed Spinach Chilled or fresh fruit	3 Crispy Fish Patty on a Wheat Bun Coleslaw Chilled or fresh fruit	4 Deli Panini Lettuce/tomato/ cheese/mayo Diced carrots Chilled or fresh fruit	5 Ham & Cheese on Wheat Bagel Potato w/ ketchup Chilled or fresh fruit
8 Ham Slices garlic potatoes carrot coins wheat roll Chilled or fresh fruit	9 Taco w/ taco sauce in wheat wrap Cheese/lettuce/tomato Vegetarian beans Chilled or fresh fruit	10 Cheesy Chicken Brown Rice Steamed Broccoli Chilled or fresh fruit	11 Grilled Cheese Sandwich on wheat bread Green Peas Chilled or fresh fruit	12 Chicken Patty Mashed Potatoes Corn Chilled or fresh fruit
15 No School	16 Chicken Parmesan on Wheat bun With Brown Rice Steamed spinach Chilled or fresh fruit	17 Beef & Gravy Mashed Potatoes Garlic Roasted Gr. Bean Wheat Roll Chilled or fresh fruit	18 Cheeseburger w/ ketchup on wheat Bun Vegetarian beans Chilled or fresh fruit	19 Variety pizza on wheat crust Sweet potato fries w / ketchup Chilled or fresh fruit
22 Deli Wrap Lettuce/tomato/ cheese/mayo Vegetarian beans Chilled or fresh fruit	23 Beef Taco w/cheese Soft wheat pretzel Salad w/Italian dressing Chilled or fresh fruit	24 Sloppy Joe w/ Wheat Bun Broccoli Chilled or fresh fruit	25 Turkey & Gravy Mashed potatoes Corn Wheat Roll Chilled or fresh fruit	26 Chicken Nuggets w/ketchup Brown Rice Carrots Chilled or fresh fruit
29 Chicken Wrap w/ Brown Rice Vegetarian beans Chilled or fresh fruit	30 WG Pasta W/ Meat sauce Steamed Spinach Chilled or fresh fruit	31 Crispy Fish Patty on a Wheat Bun Coleslaw Chilled or fresh fruit		

DAILY ALTERNATE ENTREE

Hamburger	Meatball Sub	Chicken patty	Pizza	Fish w/ cheese
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DELI BAR TO GO Freshly prepared sandwiches prepared daily on whole wheat Bread

SORRY NO CHARGING

Breakfast price: Paid \$1.75 Reduced \$.25

Lunch Price Paid: Elementary \$3.10 High School \$2.50 Reduced \$.25

At both Breakfast and lunch you MUST take at least 3 of the items to make it a complete meal 1 MUST be a fruit or vegetable or you will be charged Ala Carte Price.

All meals served with choice of milk (1%, skim, & FF Chocolate)

Extra Milk \$.60

Extra fruit or Veggie &.70

Ice Cream \$.65-.90